

NEW BUSINESS

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2014 OFFICERS

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Lakeside Frontier Riders

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We are on Facebook!



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New Business

1. LFR is building a membership page on the club's website. The membership page will feature a favorite picture of each member and their equine. Please include your first name and your equine's name. You aren't required to submit a photo with your equine, but your participation is greatly appreciated!
 - 2.
 3. BCHC will visit the February LFR meeting to introduce their 2014 board and talk about the Rendezvous this year. To promote community education, BCHC will talk about hosting a tentative three-session clinic on horse travel and packing for short and long distances.
3. Stagecoach President's weekend:
 - a. Larry Pustinger has offered to lead a group ride on the trails he has mapped. Date and time TBA.
 - b. LFR, RTA, PVMR and BCHC are splitting the cost of the clubhouse.
 - c. \$5.00 pancake breakfast at 0830 in the clubhouse.
 - d. Signup for volunteers: Melinda, Karen, Marge, Gayla, Patti, Steve, Stu, Jeanne, Linda, Stagecoach Christy, and Joyce handling the money.
 - e. RSVP from all clubs attending: email cdenny@barona.com with number of people attending the breakfast.

UPCOMING LFR EVENTS

Event	Host	Location	Date/Time	Point of Contact	Additional Info
LFR Stagecoach Camp	LFR	Stagecoach RV Resort	14-17 February	Cyndi Denny: cdenny@barona.com Joyce Jewell: hpmetals@yahoo.com	Stagecoach # ask for Chrissy or Kat 760 765-3765
LFR Club Ride	LFR	Crest	8 March	Jacquelynn: rosy.mule@yahoo.com Gayla Robles: Gjrobles52@cox.net	Staging at Rios Canyon (Gayla's street). In the saddle at 10 am. Please bring lunch or snack & drink

UPCOMING NON-LFR EVENTS

Event	Host	Location	Date/Time	Point of Contact	Additional Info
RWR #22	Jacquelynn Holly	Hollenbeck Canyon	23 February	Jacquelynn Holly Rosy.mule@yahoo.com 619-869-3272	In the saddle at 10:30. Bring lunch, snack, drink & chair
Year of the Horse	BVH		31 January		
BVH Poker Ride	BVH		1 March		
Rendezvous	BCHC		21-23 March		
San Diego River Trail Extension			SATURDAY MARCH 8, 2014 From 9am to 11am		LAKESIDE BASEBALL PARK 10030 MARATHON PARKWAY Lakeside, CA 92040



LFR is Proud to Participate in Trail Maintenance



Tips & Tricks

From Patti Karcher, LFR Member

This is the snake bite kit Patti Karcher mentioned at LFR's November meeting. The County of San Diego recommends this kit stating that it is the best on the market. They talk about it in their snake flyer brochure at various San Diego staging areas. There are similar ones to this but the key is they must be "made" by Sawyer. I purchased mine on Amazon.com for ~ \$17.00 with shipping.

It is very compact and will fit in any pack. It also has instructions and comes with four different tips for different types of bites including, but not limited to insects. There is also a video demonstrating how to use the kit on You Tube.

The snake bite kit Patti carries for her horse is 2 lengths of garden hose (approx.. 8" long) that are sanded smooth on each end so that they will slip into her horse's nostrils without damaging the sensitive tissues. Dr. Katz gave Patti the kit with instructions, but it is very easy to make your own. Patti also keep a small tube of Aquaphor or Vaseline in her pack to put on the ends of the hose to help slip in smoother along with a small role of silver tape. Aquaphor is a natural product that has its own healing properties (recommended by Patti's dermatologist), especially if you are allergic to antibiotics.

Put the hose in the nostrils and leave them there until the swelling goes down and they will fall out by themselves – no need to worry about "removing" them yourself.

Patti also suggests women riding alone carry a Husky razor knife with an outside clip so you can clip it inside your boot. It can be used to cut things in an emergency and as personal protection.

Cyndi Denny suggested women riding alone should also carry pepper spray.

Do you need an emergency pack in your saddlebag? Enter to win LFR's monthly raffle to win a start up emergency pack assembled by Jacquelynn. Let's ride safely!



TRAIL REPORTS...

Bonita:

The trail from Sweetwater Summit is now closed because of the vernal pools and the protected Fairy Shrimp. The County and Water Authority are looking at these options:

1. Build a bridge over the sensitive area
2. Reroute the trail

Mission Trails:

The East Elliott area (the area between Sycamore Canyon and Santee Lakes) is now closed due to unauthorized trail buildin and usage.

Saturday, January 11, 2014 there was a "Protest Ride" with a good turnout of hikers and bikers, along with a few equestrians.

Imperial Beach:

IB is going through a process of establishing a trail system. Trails are being identified, signs are being put up. If you go to this area, please stay on the marked trails.

Penasquitos Canyon Preserve:

The trail called the "tunnels" is in threat of being closed. This trail is not considered "horse friendly" and used mostly by bikes.

Lakeside Community Planning Group

The Lakeside Community Planning Group's Trail subcommittee met last night and a motion was made by the LCPG to support the County contacting several property owners regarding several trails.

1. Vine Street trail
2. Flume trail
3. The trail connecting Crest Ridge to Flynn Springs.

New Business Continued...

Insurance policy review: LFR insurance is good enough for two claims per year and includes fire insurance.

Insurance suggests club members stay off multi-use trails when possible during camp trips, but acknowledges trails in State parks are only multi-use thus riding multi-use trails is unavoidable. Insurance also acknowledges there are very few equestrian-only trails. Avoiding multi-use trails for day rides was not mentioned.

Insurance recommends every LFR sponsored event has a release of liability signed by every participant.

Club Trail Rides: LFR's first Club Ride (open to members only) will be March 8, staging at Rios Canyon (Gayla's street). In the saddle at 10 am. Trail boss TBD. Please bring lunch, or snack, drink and a chair for your comfort after the ride. We will eat our lunches at the Robles' residence. Please review attached trail etiquette rules.

- a. LFR will start having two open trail rides/year. (five or more guests make it a public event)
- b. LFR will start having six closed trail rides/year. Only LFR members are allowed.
 - i. LFR will try to have it on the same weekend of a chosen month, so it's easy to remember.
 - ii. Tentative LFR Campo Club Ride at a later date – after we review March's ride at meeting.
- c. The Board would like members to come up with trail ideas. Members should think about trail locations and who they would like to lead the ride (trail boss). Trail bosses should rotate. Depending on the number of participants, we may have a fast and slow group. When considering a location, think about the staging area size.

Gayla suggested Sacred Rock. They are currently updating their facility for horse campers; they now have water for the area designated for group camping, full hookups available, all amenities available to horse campers; resort is working on putting up corrals. Gayla will monitor and report their progress.

Parades:

LFR is allowed to enter unlimited parades that do not require proof of insurance including: Crest, Descanso, Lakeside, Pine Valley, Alpine

When representing LFR in a parade, participants must have personal liability insurance and sign a release of liability. The board and membership will discuss the possibility of having a designated member responsible for releases, forms and other parade paperwork.

By Laws

With membership's approval, the by law committee will review the last bylaws signed 1996 and amended in 1998 and amend them going forward to replace the 2011 bylaws. Cyndi Denny, Melinda Setterman, Karen Ensall and Barbara Kinder have volunteered to be the on the bylaw committee. We will receive an update at March's meeting.